

CURRICULUM VITAE
Of
Fatema Al Adwan

Personal Information

Name	Fatima Eid Zaid Al Adwan
Date Of Birth	1978/2/13
Faculty	Educational Sciences
Department	Counseling and Special Education

Educational Information

Educational	Specialty	Given By	Date
Bachelor's Degree	Psychological and Educational Counseling	Jordan University	19.6.2000
Master Degree	Psychological and Educational Counseling	Jordan University	17.02.2003
PhD Degree	Philosophy in Psychological and Educational Counseling	Jordan University	28.8.2011

Specialty and Fields of Interests

General Specialty	Counseling	S
Subspecialty	Psychological and Educational Counseling	
Fields of Interest	Family and Marriage Counseling, Guidance in the stages of growth, childhood, mentoring special categories	

PhD thesis Title and Summary

Thesis Title and Summary (no more than 150 words)

The Efficacy of a Counseling Program in Treating Psychological Stress and Depression in a Sample of Diabetic Patients

This study aimed at investigating the efficacy of a counseling program in treating psychological stress and depression in a sample of diabetic patients. The sample consisted of (30) patients, two measurement scales were used as the pre-post scales in the study. The sample was divided into two groups: experimental group and control group. The therapeutic program consisted of (20) counseling sessions based on the behavioral-cognitive theory. Each session lasted for (60) minutes and was administered at the rate of two sessions per week. Results showed statistically significant differences in the level of psychological stress and depression between the two groups in favor of the experimental group. It was concluded that the therapeutic program was effective in reducing psychological stress and depression among the patients in the experimental group against the patients in the control group. Finally, the study recommended conducting more research in this area for different ages.

Career Information

- 1- Assigned at university of Jordan on 1.3.2013 as Full time lecturer
- 2- Vacations received while working at the University of Jordan: None

Job	Employer and Address	Date
Psychologist	Modern Educational School	2001-2003
Research and teaching assistant	Jordan University	2003-2005
Full Time lecturer/ Master	Jordan University	2005-2011
Full Time lecturer/ PhD	Jordan University	3.1.2013
Assistant Professor	Jordan University	31.3.2014- NOW

Administrative tasks and committees

Name of administrative work / committees and tasks	Date
Assistant Dean for Rehabilitation and Model School	2015-2016
Comprehensive examination committee for the master's program in the department	2015
Board of Directors of the Model School	2015-2016
Committee of Investigation in the College	2015-2016
Scientific day of the Faculty of Educational Sciences	2013
Audit Committee Scale Scale Conversion Marks, Decision	2015-2016
Committee for supervising the elections of the student union in the college	2012-2015
Committee for the Investigation of Students' Issues in the College	2016-2017
Published scientific research for the last five years	
The title of the research, publisher and Date	Name of Researcher/s
The Effect of Birth Order on Personality Traits and Academic Performance at Sample of Families in Jordan, European Journal of Social Sciences, VOL 52 No. 2 2016, pp.151-161 ISSN 1450---2267 6697[Online]	Al-kayat,m Al-adwan,f
Effectiveness of a preventive program to reduce the risk of diabetes in people with diabetes risk factors, Al Manara Research Journal(2016) v3 ., Issue: 22	Dr. Fatima Al Adwan
Preferred Social, Emotional, and Behavioral Characteristics of Instructors From Gifted Students Perspectives Canadian Social Sciences Vol. 12, No. 3, 2016, pp. 14-21 ISSN 1712-8056[Print] ISSN 1923-6697[Online]	Al-kayat,m Al-adwan,f
An Assessment of psychological Burnout in Early Childhood Teachers: Levels and Reasons International Education Studies vol 10 n1 2016, accepted to be published	Al-kayat,m Al-adwan,f

A Survey About Self-healing Systems (Desktop and Web Application) , journal Communications and Network, ISSN Online: 1947-3826, ISSN Print: 1949-2421	Hudaib,A. Fakhouri,H Al Adwan,F
Cognitive and Emotional Needs of the Gifted Students From Themselves Perspective: Survey , Canadian Social Sciences, Vol 11, No 7 (2015)	Al-adwan,F Al-khayat
Psychological adjustment, post-traumatic stress and a sedentary life In women with and without breast cancer and their husbands and daughters. Studies / Ammar Thaliji University / Laghouat / Algeria, Issue 35.189-173,(2015)	Al-adwan,F
The Relationship between Post Traumatic Stress Disorder and Achievement Motivation in a Sample of Iraqi Students Living In Jordan , European Journal of Social Sciences, Volume,V.38 N.1 ISSN:1450–2267 (2013).	Al-adwan,F Al-khayat

scientific books published in the last 5 years

The title of the book, publisher and Date	Author/s
Family Counseling, Dar Al Mysarah for Publishing and Distribution Volume 1 Amman 2015.	Fatima Al Adwan, Asmaa Al Najar
Principles of psychological and educational guidance,2016, Volume 1 Al Amery Library , Amman-Jordan.	Fatima Al Adwan, cooperating with others

Participation in scientific conferences and seminars

Participation type	Place and date	Name of conference and organizer
Attendance	11-12/5/2016 University of Jordan	Higher Education in the Arab World: Towards Global Competitiveness
Attendance	26-28/7/2016 University of Jordan	The Second International Conference on Electronic Publishing / The University of Jordan Library / Electronic
Attendance	23/10/2016 University of Jordan	Feminist Movement Conference: History and Speech

7/2/2016	Educational and vocational guidance program for all classes of the school. Al - Khansaa Elementary Mixed School - Balqa Governorate
	Decision-making skills, behavior modification, immunization against stress, time management.

Training

Teaching activities

Principles of psychological and educational guidance	Bachelor	
Personal adaptation.	Bachelor	
Expressive activities in counseling	Bachelor	
Psychological Stress	Bachelor	
Group Counseling	Bachelor	
The psychology of homosexuals.	Bachelor	

Evaluation and diagnosis in guidance.	Bachelor	
Educational and vocational guidance.	Bachelor	
Family Counseling	Bachelor	
Behavior Modification.	Bachelor	
Theoretical Trends in counseling.	Bachelor	
Rehabilitation Counseling.	Bachelor	
Communication in counseling	Bachelor	
School Counseling	Bachelor	
Students' problems and methods of treatment.	Bachelor	
Psychological health.	Bachelor	
Life skills	Bachelor	

Membership in professional scientific bodies and associations

Date	Name of the professional scientific bodies and Location
2015	Jordanian Association for Psychology - Amman - Jordan
2016	Jordan Library Association - Amman - Jordan