

SAHAR ABU HELO

Amman, Jordan | +9627 77 329152 | sahar.helu@ju.edu.jo

PROFESSIONAL SUMMARY

I have been pleased throughout my professional life to deal with lessons of the heart, which is what education is all about. Thus, whether teaching or training student teachers, I tried to inspire my students to play an effective role in their student's education and lives. I am dedicated to the teaching profession and have 22 years of experience developing teaching strategies to improve and enhance teachers' skills. I try to guide teachers and student teachers to overcome barriers through assessments and setting goals. I am eager to build their confidence through motivation and encouragement, so they can reach success.

EXPERIENCE

2000 to Current

**Instructor and staff member at the Curricula and Instruction Department
University of Jordan – Amman, Jordan**

- Dean Assistant for Pre-Service Teachers' Educational Diploma Program at the University of Jordan for the academic year 2022/2023
- Partnership Lead for the Pre-Service Teachers' Educational Diploma Program at the University of Jordan for the academic year 2021/2022
- Trainer and Instructor at the Practical Education Program for student teachers enrolled in the English Language Field, the Classroom Teacher, and the Early Childhood Programs.
- A part-time instructor of language communication skills (101) at the Language Center at the University of Jordan.
- A member of the supervision committee, assigned by the Curricula and Instruction Department at the University of Jordan, for the English language teachers at the Model School in The University of Jordan.
- A part-time instructor at the English Language Department in the Faculty of Arts at the University of Jordan.

1998 to 2000

**English Language Teacher
New English School – Amman, Jordan**

- Planned lessons with dynamic discussions and exercises to promote engagement.
- Planned, prepared and delivered English classes for students in various age groups.
- Planned, designed and produced high-quality teaching materials, increasing student productivity.

EDUCATION QUALIFICATIONS

2009

Ph.D.: TEFL (Curricula and Instructional Methods in Teaching English)
Amman Arab University – Amman/Jordan

Curricula and Instructional Methods in Teaching English), . Dissertation entitled:" The Role of the English Language Teachers' Pedagogical Beliefs and Cultural Perceptions in Teaching Oral Communication Skills at the Upper Basic Stage in Jordan".

1997

M.A: Education in English language Curricula and Instruction

Yarmouk University – Irbid/Jordan, Jordan

English language Curricula and Instruction. Thesis entitled: "The Influence of Drama as a Teaching Procedure on Jordanian Ninth-Grade Students' Oral Proficiency in the English language"

1994

B.A: English language and literature

The University of Jordan – Amman/Jordan.

RESEARCH

Published Research:

- The Role of the Kindergarten Teacher in Enhancing the Child's Identity from the Teachers' Perceptions. Published in: The Social Sciences 8(4):351-358 Medwell Journals,2013
- Teachers' Perceptions on Drama's Role in Enhancing Young Learners' Developmental Domains. Published in: Canadian Center of Science and Education 13(1):p 162 Modern Applied Science, 2019.
- Positive Thinking Strategies Among Higher Diploma Students in the Faculty of Educational Sciences at the University of Jordan According to their Point of View. Published in : Islamic University of Gaza 3(18):472-496 Journal of Educational and Psychology Sciences, 2020.

Unpublished Research:

- Abu- Helu, Sahar.(1997). The Influence of Drama as a Teaching Procedure on Jordanian Ninth-Grade Students' Oral Proficiency in the English language.(Unpublished Masters Thesis).Yarmouk University.
- Abu- Helu, Sahar.(2009). The Role of the English Language Teachers' Pedagogical Beliefs and Cultural Perceptions in Teaching Oral Communication Skills at the Upper Basic Stage in Jordan.(Unpublished Dissertation). Amman Arab University

ADDITIONAL INFORMATION

- Workshop conducted by the Ministry of Education on in-service teachers' professional development.
- Training course at the British Council in Amman in professional development for in-service teachers.
- Training course in the University of Jordan computer license UJCDL.
- Presenting a research paper entitled "The role of English Language Teachers' Cultural Perceptions in Teaching Oral Communication Skills

at the Upper Basic stage In Jordan. For the second Seminar of The Jordanian Association of Translators & Applied Linguistics.

- Participating in a Seminar Discussion entitled: "The Partnership between the Faculty of Education at the University of Jordan and the Cooperative Institutions in the Practicum Course", which was held by the University of Jordan in coordination with the partners acting in the practicum training courses and the School of Education Faculty.
- Participating and attending a workshop entitled " Supervision Practices at Kindergartens" held at the University of Jordan supported by USAID.