

**Personal Information**

<b>Name</b>	Mariam Awwad Ayoub Al- Ziadat.
<b>Place and date of birth</b>	Amman in 22-4-1976
<b>Faculty</b>	School of Educational Sciences
<b>Department</b>	The Department of Counseling and Special Education

**Qualifications**

<b>Qualification</b>	<b>Specialization</b>	<b>University of donor rank</b>	<b>Date</b>
Ph.D.	Psychological& Educational Counseling	The University of Jordan	2013
M.A	Psychological& Educational Counseling	The University of Jordan	2001
B.A	Counseling& Mental Hygiene	The University of Jordan	1998
General Secondary Education Certificate Examination	Scientific Stream	Fuhies Secondary School for Girls	1994

**Specialization and domain of interest**

<b>Specialization</b>	Psychological& Educational Counseling
<b>Domain of interest</b>	Addiction and substance abuse, and positive psychology

**Specialization and domain of interest****Title and abstract of the doctoral thesis (within 150 words)**

### The Efficacy of a Training Program Based on Emotional Intelligence in Improving Life

#### Satisfaction Among Substance Abusers.

**Abstract:** This Study aimed at investigating the effectiveness of a Training Program based on emotional intelligence in improving life satisfaction among substance abusers. The sample of the study consisted of (30) substance abusers who have low grades on life satisfaction scale. The subjects of the study were randomly distributed into two groups (experimental, control). The experimental group was subjected to a training program for (17) sessions during a three months' period of time, while the control group didn't receive any type of training. The training program was an independent variable, while the performance of the subjects of the study on life satisfaction scale was a dependent variable.

To achieve the aim of the study a training program based on emotional intelligence and life satisfaction scale was constructed. The scale was administered as a pre, Post and follow-up scale. results showed that there was statistically significant difference ( $\alpha= 0.05$ ) in the level of life satisfaction between two groups in favor of the subjects of the experimental group. This shows that the training program based on emotional intelligence was effective in improving life satisfaction among substance abusers.

### Career Experience

Job Title	Place of work	Date
Assistant Professor	The Department of Counseling and Special Education- The University of Jordan	September- 2015
Full time lecturer	The Department of Counseling and Special Education- The University of Jordan	September- 2014
Part time Lecturer	The Department of Counseling and Special Education- The University of Jordan	4 semesters from 2012
Head of Counseling	The Deanship of Student Affairs	2012-2014

Psychological Counseling	The Deanship of Student Affairs	2006-2012
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### Administrative works and committees

Administrative work and committee	Date
Head of Student Counseling Department	From 1-9-2016 until now
Member of the "Safe Pathways Project" for students with disability at the university of Jordan in cooperation with USAID	2017 until now
Member of the Students Code of Conduct committee at the University of Jordan.	2017

### Recent Publications within last five years

Name of researcher	Research title, Publisher, Date
The Meaning in Life and Its Relationship to Health Risk Behaviors Among Jordan University Students/ Dirasat Journal, the University of Jordan.	Dr. Mariam Al-Ziadat
The Development of Psychological Resilience Scale for The Jordanian Environment. An-Najah National University.	Dr. Mariam Al-Ziadat
The Efficacy of a Training Program Based on Emotional Intelligence in Improving Life Satisfaction Among Substance Abusers/ Dirasat Journal	Dr. Mariam Al-Ziadat and Dr. Musa Jibril
The Efficacy of a Training Program Based on Social Skills in Decreasing Shyness and Depression among Jordan University/ Dirasat Journal.	Dr. Mariam Al-Ziadat and Dr. Musa Jibril


### Scientific conferences and symposia

Conference Title	Place and date of	Type of participation
The national conference of the awareness of the narcotics risks- Anti-Narcotic Department, Public Security Directorate	2017	Participating in discussion sessions
Holding a seminar about narcotics risks and preventive methods at the School of Educational Sciences, the University of Jordan in corporation with Anti-Narcotic Department, Public Security Directorate & Ministry of Health	2016	Participating in discussion sessions
Worksheet titled "People with Special Needs at Jordanian Universities, Reality and Ambition".	The Hashemite University-	
Holding a workshop concerning environmental accessibility and safe pathways project for students with visual disability at the University of Jordan in corporation with USAID	USAID-2017	

### Training courses

Name of course	Date
Sign language- 1 <sup>st</sup> level, the University of Jordan.	August- 2017.
Certified trainer in preventing narcotics risks from Mentor Arabia (Lebanon), Royal Health Awareness Society and the Jordanian Ministry of Education.	June 2016.

Publishing a Research in Taylor & Francis” workshop held by the University of Jordan library in corporation with Taylor & Francis.	February- 2016
SPSS workshop held by the Accreditation and Quality Assurance Center, the University of Jordan.	March- 2017.

### Teaching activities

Taught Courses	Bachelor	Graduate
Psychological disorders	X	<input type="checkbox"/>
Personality and adjustment.	X	<input type="checkbox"/>
Educational and vocational guidance	X	<input type="checkbox"/>
Mental health	X	<input type="checkbox"/>
Communication in counseling	X	<input type="checkbox"/>
Introduction in family counseling Psychological stress Principles of psychological and educational counseling School counseling	X	<input type="checkbox"/>

### Membership in scientific and professional bodies and societies

Name and place of scientific body and society	Date
Member of the Jordanian Psychological Association	2014 until now
Member of the Arab Society for promotion against dangerous drugs.	2014 until now

### Awards

Name of Award	Donor and place of award	Date
Honorary Shield of participation in The national conference of the awareness of the narcotics risks	Anti-Narcotic Department, Public Security Directorate.	2017