



Personal Information

Name	Abdallah Salem Farhan Almahaireh
Place and date of birth	AL Taflla 18/10/1985
Faculty	School of Educational Science
Department	Counseling and special education

Qualifications

Qualification	Specialization	University of donor rank	Date
PHD	Psychological and educational counseling	University of Jordan	2015
MA	Psychological and educational counseling	University of Jordan	2011
BA	counseling and mental health	University of Jordan	2006

Specialization and domain of interest

Specialization	Psychological and educational counseling
Domain of interest	Psychological and educational counseling

Specialization and domain of interest

Title and abstract of the doctoral thesis (within 150 words)

EFFICACY OF A SUPERVISION PROGRAM BASED ON BEHAVIORAL COGNITIVE MODEL IN IMPROVING COUNSELING SKILLS AND REDUCING PSYCHOLOGICAL STRESS AMONG SCHOOL COUNSELORS IN TAFILA

The purpose of this study was to investigate the efficacy of a supervision program based on cognitive behavioral model in improving counseling skills and reducing psychological stresses among school counselors in Tafila. The sample of this study consisted of (30) school counselors from Public schools in Tafila Governorate, who agreed to participate in the study, and whom showed the highest scores on psychological stresses Scale and lowest scores on counseling skills Scale. The participants were randomly assigned to two groups: experimental group included (15) counselors, who received a supervision program consisted of (18) sessions, lasted for (9) weeks; and control group included (15) counselors, who did not receive any training and supervision program. The Scale of counseling skills and the scale of psychological stress were administered to both groups as pre-test and post- test. Follow up measure was taken after three weeks for only the experimental group. The results of the study showed significant differences between the two groups regarding the level of psychological stresses and counseling skills in favor of experimental group According to the results of the study several recommendations were suggested.

Career Experience

Job Title	Place of work	Date
Psychological and educational counselor	The Ministry of Education	2006/2012
Field Training Supervisor	University of Jordan / Faculty of Educational Sciences / Department of counseling and special education	2012/2015
Full time lecturer	University of Jordan / Faculty of Educational Sciences / Department of counseling and special education	2015/2016
Assistant Professor	University of Jordan / Faculty of Educational Sciences / Department of counseling and special education	2016/

Administrative works and committees

Administrative work and committee	Date
Assistant Dean for Student Affairs, University of Jordan, Faculty of Educational Sciences.	2016/2017
Assistant Dean for Student Affairs, University of Jordan, Faculty of Educational Sciences.	2017/2018

Recent Publications within last five years

Name of researcher	Research title, Publisher, Date
the efficacy of a supervision program based on cognitive behavioral model in improving counseling skills and reducing psychological stresses among school counselors in Tafila	Abdallah Almahaireh Adel tanous 2015
The Effectiveness of A group Counseling Program Based on Cognitive Behavioral Therapy on Reducing Social Anxiety Among First Year Students at the University of Jordan	Abdallah Almahaireh 2016
Level of Psychological Stress and Resliance among Students with Special Needs at the University of Jordan	Abdallah Almahaireh Bassam al abdallat Ola al hwean 2016
The extent to Which Recourse Room Teachers in Amman Acquire the Teaching Competencies from their Perspectives	Bassam al abdallat Muna ammro Abdallah Almahaireh
Counseling Competences and its Relation with Psychological Stress Resources among Counselor Trainees at the University of Jordan accepted and published in European Journal of Social Sciences, Volume 54 Issue 1.	Abdallah Almahaireh 2017

Scientific conferences and symposia
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Conference Title	Place and date of conference	Type of participation
Higher Education Conference in the Arab World: Towards Global Competitiveness	University of Jordan 2016	Member of the Media Committee

Training courses

Name of course	Date
- International Computer Driving License (ICDL) Internet Club, University of Jordan.	2005
- counseling skills, Ministry of Education.	2007
- The dangers of drugs, Ministry of Education, Save the Children Foundation.	2009
- Child Protection from Violence and Abuse, Ministry of Education, Save the Children Foundation.	2009
- Associate member (the study of schools that did not succeed one) University of Jordan - Ministry of Education	2014
- English course for faculty members TOEFL / University of Jordan Language Center.	2015
- Faculty Development Course / Accreditation and Quality Assurance Center, University of Jordan	
- Instructor for housing supervisors / University of Jordan / Psychological pressure and interpersonal skills / communication skills.	2016
- Workshop for first-year students in boarding schools on adapting to new university life.	2016
- A training course on communication skills, life skills, emotional management skills and psychological stress, Saudi Cultural Attaché, Saudi Students Club.	2017

Teaching activities

Taught Courses	Bachelor	Graduate
Theoretical Trends in Extension	<input type="checkbox"/>	<input type="checkbox"/>
Principles of psychological and educational guidance	<input type="checkbox"/>	<input type="checkbox"/>
Problems and methods of assistance for children and adolescents	<input type="checkbox"/>	<input type="checkbox"/>
Talent and excellence	<input type="checkbox"/>	<input type="checkbox"/>
Preparation for field training	<input type="checkbox"/>	<input type="checkbox"/>
Field training in extension		
Preventive counseling		
group Counseling		
School Counseling		
Psychological health		
University life skills and skills		
Psychological stress		
Rehabilitation Counseling.		

Membership in scientific and professional bodies and societies

Name and place of scientific body and society	Date
Member of the Jordanian Association of Psychology	

Awards

Name of Award	Donor and place of award	Date